



SAILOR'S and PARENT'S CODE OF CONDUCT

*The Honor Code for the Ida Lewis Yacht Club Junior Program,
its Sailors and their Parents:*

Sailors, coaches, parents, and others in a position of influence shall agree to honor the fundamental rules of fair sailing, shall respect everyone associated with the program and to share in the responsibility for helping to make the program a success, and to run smoothly both on and off the water.

FOR THE SAILOR:

Each sailor agrees that he or she shall be governed by this Honor Code at all times. Each team member also agrees,

- ❖ to maintain a positive attitude and to be responsible for his or her conduct at all times, by following these rules and regulations and any other rules given by any coach or parent chaperon
- ❖ to maintain appropriate behavior towards all team members, regardless of gender or age, and not to tolerate rude or offensive conduct by any other team member;
- ❖ to respect the property of others and not steal, damage, destroy or borrow another's property without permission, nor tolerate such behavior by any other team member;
- ❖ to treat team members, coaches, competitors, regatta officials, parents and all others with respect;
- ❖ to follow all safety procedures given by coaches and other responsible adults, understanding the paramount importance of safety;
- ❖ to notify a coach or other responsible adult if another sailor is in danger;
- ❖ not to swear or curse – nor abuse teammates, whether verbally, physically, or emotionally, nor tolerate such conduct in others;
- ❖ not to use or tolerate the use by any other team member of alcohol, tobacco, or non-prescribed drugs;
- ❖ never to leave any training or regatta site or lodgings without first obtaining a coach's or host's permission; and
- ❖ dress at all times in a manner consistent with the standards expected of the team.

FOR THE PARENT:

Each parent or guardian of a team member agrees that he and she shall be governed by this Honor Code at all times. Each parent or guardian of a team member also agrees,

- ❖ never to take a member including his or her own child from a team activity without first obtaining a coach's or a host's permission;
- ❖ to treat team members, coaches, competitors, regatta officials, parents, hosts and all others with respect;
- ❖ to follow all safety procedures given by coaches and other responsible adults, understanding the paramount importance of safety;
- ❖ to maintain appropriate behavior towards all team members, regardless of gender or age, and not to tolerate rude or offensive conduct by any other team member;
- ❖ to maintain a positive attitude and to be responsible for his or her conduct as well as the conduct of his or her child by at all times following these rules and regulations and any other rules given by coaches, Ida Lewis and Sail Newport staff, or hosts.

We have read this code and accept its terms.

Sailor: _____ Date: _____

Mother/Guardian: _____ Date: _____

Father/Guardian: _____ Date: _____

Ida Lewis Yacht Club Junior Program EXPLANATION OF DISCIPLINE

ILYC Junior Program coaches and staff associated with the "ILYC" program, and parents associated with ILYC program, are responsible for ensuring that exemplary behavior is exhibited by all members of the program, at all times, for enforcing the rules, and to apply discipline when appropriate. The following are guidelines. The coaches and staff, and parents associated with chaperoning at travel events/practices, and the Boards of Directors, reserve the right and have the discretion to impose the discipline determined appropriate for the circumstances.

Level 1 Infractions may be handled at the discretion of the coach(s). Level 2 and Level 3 Infractions will be made in consultation with the particular parties at hand (coach/parent chaperone) and the Program Directors. Level 4 Infractions will be handled by the Program Directors/staff, and with the consultation of the Board of Directors.

Level 1 Infractions: Disciplined at coach discretion, usually verbal or written recognition of the infraction, and may include limiting practice time.

Example Failure to obey instruction of coach or an adult associated with travel events/practices.

Level 2 Infractions: Disciplined by sending home from practice or removing from OTW competition for the remainder of the day.

Example Failure to obey coaches' directions after two or more written or verbal warnings.

Level 3 Infractions: Suspension from 1 or more classes, and/or removal from the ILYC Program for the purpose of support at a regatta.

Examples Purposely damaging or destroying personal property of others.
Repeated incidents of behavior unbecoming a member of the ILYC which includes, but is not limited to: rude treatment of or talking back to judges, coaches, RC, hosts, other members of any Ida Lewis Program and other competitors.

Level 4 Infractions: Expulsion

Examples Using drugs, alcohol, tobacco or non-prescribed drugs.
Stealing.
Repeated Level 3 Infractions.

Sailor: _____ Date: _____

Mother/Guardian: _____ Date: _____

Father/Guardian: _____ Date: _____