



WELCOME TO TEAM IDA!

Ida Lewis Yacht Club Junior Sailing Program Summer 2008



The Ida Lewis Yacht Club Junior Sailing Program emphasizes sportsmanship and teamwork. Our program is fun for both the novice and the returning veteran who may wish to hone advanced skills. Our goals are to teach the joys of sailing, and for those who wish to race, the thrill of competition. Our activities will promote the sport in all weather conditions, with boat handling and seamanship skills a part of each class.

2008 Program Schedule

Session 1: June 16 - July 11 (4 weeks)

Session 2: July 14 - August 8 (4 weeks)

Racing Classes: June 24 - August 14 (9 weeks - includes Race Week)

Commodores in Training: June 24 - August 5 (6 weeks)

Big Boat: June 24 - August 5 (6 weeks)

Junior Race Week: August 11 - 14





IDA TEAM NEWS – SUMMER 2008!

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MATT COHEN RETURNING AS WATERFRONT DIRECTOR



Matt Cohen, our 2007 Waterfront Director returns to head Ida's sailing program. When not at Ida Lewis, Matt is the sailing coach at MIT.

Matt brings a wealth of experience and looks forward to continuing to develop our junior program. He is currently finalizing the 2008 staff and is impressed with the caliber of applicants. Ida is pleased to have Matt returning this summer!

NEW BOATS – NEW CLASS

Ida has **HUNTER 140** purchased two new Hunter 140 sailboats. The boats will



be used for a new class designed to meet the needs of the non racer. The Hunter 140 uses a mainsail and jib and will also be used in other classes to broaden the curriculum. Sailors will experience camaraderie, sailing with their peers in this new boat.

FRANK PIZZO and EMILY BABBITT TO COACH OPTI RACERS



Ida welcomes the return of Frank Pizzo and Emily Babbitt! Frank, Ida Program Director in 2007 will continue as Director and will also be the Opti Race Coach. He will be assisted by Emily Babbitt, a respected Ida coach in the summer of 2006.

Frank, the sailing coach at Columbia University, looks forward to working with our growing fleet of Opti racers. Ida's talented group of racers will benefit from his extensive coaching experience.



Emily, an accomplished collegiate sailor looks forward to returning to Ida. Captain of Georgetown sailing team, Emily will share her love for sailing and racing expertise with Ida's sailors.

REGISTRATION MATERIAL ATTACHED!

CLASS

OPTIMISTS

Commodores in Training: Ages 5-7

For our younger yacht club members, this class will emphasize safety on the water and on the docks, while introducing them to the exciting world of sailing fun! Children must be 5 years old as of 1/1/07.

Beginner & Advanced Beginners

Ages 8-11

- For the 1st & 2nd year Beginner.
- Emphasizes safety, the basics of boat handling and sailing skills
- Curriculum conducive to having fun and making friends
- Instruction builds upon and expands previously learned sailing skills

Intermediate & Advanced

Intermediates: Ages 9-13

- For 2nd, 3rd and 4th year sailors,
- Emphasizes safety, more advanced level boat handling skills, increased sailing terminology, seamanship skills and racing skills introduced
- Participation in NBYA Optimist Green Fleet events is encouraged for those sailors who want to try racing.

Opti Racing: Ages 10-15

- Emphasizes advanced Optimist Dinghy handling and racing skills
- Sailors are expected to participate in NBYA Optimist regattas
- Opportunities to travel to events outside Narragansett Bay
- All participants must have their own boat
- Racing classes run nine weeks

420 - LASER

420/Laser Racing: Ages 14-18

- Emphasizes racing tactics, team racing and sportsmanship
- Regatta participation in events both on and beyond Narragansett Bay
- Some club 420's are available, privately owned boats are recommended
- Racing classes run nine weeks

Advanced Sailing: Ages 13-18

(13 yrs old or entering 8th grade, minimum)
5ft tall - girls weight 100 pounds/boys weight 120 pounds

- Taught 420s & Lasers
- Emphasizes seamanship and highest level of boat handling proficiency
- Intermediate sailing skills required
- Runs 8 weeks (Session 1 & 2)

HUNTER 140 – NEW CLASS for summer of 2008!

Hunter 140: Ages: 11 - 15

- For the child who enjoys sailing, but is not interested in competitive racing this summer.
- Emphasize seamanship, cruising and sailing skills using a mainsail and a jib.
- Sailors will enjoy making friends, as boat comfortably accommodates 3 sailors.

BIG BOAT SAILING TEAM

Keelboat: Ages 14 - 18

- Experience the thrill of steering, trimming and handling a bigger keelboat
- Try all positions (bow, mast, pit, trim, steering, navigate)
- By program's end, the team will be racing around the buoys in Jamestown Tuesday Night series.

CLASS

2008 JUNIOR CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTI BEGINNER (9:00AM - 1PM)		OPTI BEGINNER (9:00AM - 4PM)		OPTI BEGINNER (9:00AM - 4PM)
OPTI INTERMEDIATE (1PM - 5:30PM)	OPTI INTERMEDIATE (9AM-4PM)		OPTI INTERMEDIATE (9AM-4PM)	
	OPTI RACING (9AM-4PM)	OPTI RACING (9AM-4PM)	OPTI RACING (9AM-4PM)	
HUNTER 140 (9AM-4PM)		HUNTER140 (9AM-4PM)		HUNTER 140 (9AM-4PM)
	420/LASER (9AM-4PM)		420/LASER (9AM-4PM)	420/LASER (9AM-4PM)
	COMMODORE -CLASS T (4:30PM -6:30PM)	COMMODORE - CLASS W (4:30PM -6:30PM)		
	BIG BOAT (6PM -8PM)			

Note: Class days & times may change slightly, to accommodate registration. We will notify student of any changes prior to the beginning of class.

FEE SCHEDULE

2008 PROGRAM FEES

CLASS DESCRIPTION	CLUB MEMBER		NON MEMBER	
	WITH BOAT	WITHOUT BOAT	WITH BOAT	WITHOUT BOAT
OPTI BEGINNER, INTERMEDIATE-4 WEEK	\$450.00	\$525.00	\$525.00	\$650.00
OPTI BEGINNER, INTERMEDIATE-8 WEEK	\$800.00	\$950.00	\$950.00	\$1,200.00
OPTI RACE	\$825.00		\$1,000.00	
420/LASER - 4 WEEK	\$450.00	\$525.00	\$525.00	\$650.00
420/LASER - 8 WEEK & RACE	\$825.00	\$1,000.00	\$1,000.00	\$1,250.00
HUNTER 140- 4 WEEK		\$525.00		\$650.00
HUNTER 140 - 8 WEEK		\$950.00		\$1,200.00
BIG BOAT		\$185.00		\$210.00
COMMODORE IN TRAINING		\$90.00		\$110.00

No program fee refunds: After May 1st.

ILYC Members: \$200 non refundable deposit required for each sailor. Payment options on registration. Members deposit will be billed upon receipt of registration, balance will be billed April 1st.

Non members: Non members submit \$300 deposit for each sailor. Payment in full must be received by April 1st. Non members will need an Ida Lewis Yacht Club sponsor to enroll your child in Ida's junior sailing program. Please include a short member sponsor note with registration. Non member fee includes junior membership dues.

Fees include: Instruction, facility use, program costs, boat storage, awards dinner(student) and coaching at selected Regattas.

Fees do not include: Special coaching, clinic fees and private lessons.

IMPORTANT INFORMATION

Equipment

Junior Sailors must wear a Coast Guard approved life jacket (PFD) when in any vessel or on any floating docks. In addition, they must have a hat, sunglasses, sunscreen, a water bottle and boating shoes (bare feet are not allowed at any time, closed toe shoes are recommended). A t-shirt must be worn while on the docks.

Swim Test

Beginner through Advanced sailors in the program must pass a swim test each year, which is given during the first week of classes. Your child must be able to swim 50 yards without a life jacket, tread water, and put on a life jacket while in the water. This is the ONLY time your child will be on the water without a PFD while in the program. During the test, instructors are in the water with the children. No swim test will be given to Commodores-in-Training and they will never be without a life jacket on or near the water.

Instructors

Our instructors have extensive coaching experience. We are confident they are the most qualified on the bay. In addition, they are certified in Red Cross CPR/First Aid and have completed US Sailing Level One Certification or the international equivalent. Instructors will promote sailing in a safe and fun way and have been chosen to teach at Ida Lewis because of their love of the sport, their demonstrated proficiency and their commitment to being positive and caring role models for our Junior Sailors.

Enrollment

Members and non members sign up is open for all classes. Registrations will be prioritized by date of receipt. Members will receive priority on registrations received prior to March 1st. After March 1st, selection will be based on a first come, first serve basis.

Application deadline is April 1st. This deadline is necessary for planning and staffing purposes.

Questions

If you have any questions, please contact:

Mary Wray @ MBWRAY60@YAHOO.COM, 846-8545 (Junior Sailing Co-Chair)

Steve MacGillivray @ SMacGillivray@EADPLAW.com (Junior Sailing Co-Chair)

Matt Cohen @ MATTHEW.P.COHEN@GMAIL.COM (Waterfront Director)

REGISTRATION FORM FOLLOWS

IDA LEWIS YACHT CLUB JUNIOR SAILING PROGRAM 2008 REGISTRATION FORM

Child's name _____ Is student an Ida Lewis Member? ____
 Birth date _____ Grade Entering 9/08 _____ If No, Sponsor's Name _____
 Mother's Name _____ Father's Name _____
 Address _____
 Home Phone _____ Work Phone _____ Cell Phone _____
 E-Mail _____
 Level of Ida Lewis participation in 2007 (please check one)
 __Opti Beginner __Opti Intermediate __Opti Race __420 __Commodore __Big Boat __None
 Other Sailing Experience _____
 T-shirt Size Adult __XS __S __M __L __XL Youth __M __L __XL
 Parent would like to help with Opti Regatta Junior Fundraiser Awards Banquet

PROGRAM CHOICE: Please check the appropriate class & boat (privately owned or club boat)

If you have questions regarding your child's class placement, please contact Waterfront Director, Matt Cohen via email: matthew.p.cohen@gmail.com. Class sizes are limited and will be filled on a first come, first served basis.

Will your child:

__ Use a privately owned boat __ Use a club boat

OPTIMIST

__ OPTIMIST BEGINNER – SESSION 1 & 2 (8 weeks)
 __ OPTIMIST BEGINNER – SESSION 1 (4 weeks)
 __ OPTIMIST BEGINNER – SESSION 2 (4 weeks)
 __ OPTIMIST INTERMEDIATE – SESSION 1 & 2 (8 weeks)
 __ OPTIMIST INTERMEDIATE – SESSION 1 (4 weeks)
 __ OPTIMIST INTERMEDIATE – SESSION 2 (4 weeks)
 __ OPTIMIST INTERMEDIATE – SESSION 2 (4 weeks)
 __ OPTIMIST RACE (9 weeks)

(Bring your own boat)

420/LASER

__ 420/LASER RACING (9 weeks)
 __ 420/LASER ADVANCED - SESSION 1 & 2 (8 weeks)
 __ 420/LASER ADVANCED - SESSION 1 (4 weeks)
 __ 420/LASER ADVANCED – SESSION 2 (4 weeks)

HUNTER 140

__ SESSION 1 & 2 (8 weeks)
 __ SESSION 1 (4 weeks)
 __ SESSION 2 (4 weeks)

COMMODORE IN TRAINING (select 1 night)

__ TUESDAY __ WEDNESDAY (6 weeks)

BIG BOAT RACING TEAM

__ TUESDAY (6 weeks)

REGISTRATION CHECKLIST & PAYMENT OPTIONS

For each student registering, please submit:

- Completed Registration Form
- Liability Waiver
- Medical Form
- Payment
- Sponsor Letter if Non Member

Members, Non refundable deposit (\$200)

__ Charge to my ILYC account
 __ Charge to my credit card

VISA/MASTERCARD # _____

AMOUNT _____

Signature _____

Mail or Email Registration to: Ida Lewis Yacht Club, Junior Committee, P.O. 479, Newport, RI 02840

IdaLewisYC@aol.com, In the Subject Line please type: Junior Registration

Non-refundable deposits will be refunded only if the program cannot accommodate your child.

APPLICATIONS WILL BE "RECEIVED" AND PROCESSED ONCE ALL PAPERWORK IS COMPLETE

REGISTRATION DEADLINE

APRIL 1ST

IDA LEWIS YACHT CLUB

Parent's Consent & Waiver of Liability – Assumption of Risk Indemnity Agreement

I the undersigned parents or legal guardians (hereafter referred to in the singular) of

_____ (the "child"), request and consent that the child be permitted to participate in events sponsored, endorsed, or assisted by Ida Lewis Yacht Club, including the use of boats that may be owned or maintained by said Ida Lewis Yacht Club (the "activities"). In consideration of such permission being granted, I agree as follows:

1. **WAIVER OF LIABILITY:** I for myself, my child, my heirs, personal representative and assigns forever release, remise, discharge and agree to save and hold harmless and indemnify Ida Lewis Yacht Club, its members, directors, officers, agents, employees, volunteers and owners and lessees of premises, upon which activities are held, the participants therein and the owners and lessees of all race equipment used therein (herein referred to as "the Releasees") of and from any and all liability, claims, actions, and possible causes of actions whatsoever, including negligence of any of the foregoing that may accrue to me, my child, my heirs, and personal representatives and assigns from every and any loss, damage and injury (including death) that may be sustained to me, my child and property while in, about, and enroute into and out of premises and property upon which the activities are held. (Please initial to indicate that you have read this paragraph_____).

2. **ASSUMPTIONS OF RISK:** I am aware that the activities involve potentially hazardous conditions which may include, among other things, maneuvering a boat on deep waters, strong winds and high waves, sudden unexpected immersion in deep waters and collision with other watercraft or stationary objects such as docks, pilings, piers and buoys. With knowledge of the dangers involved, I voluntarily ask and consent that my child be allowed to take part in the activities. **I ACCEPT ANY AND ALL RISKS TO MYSELF AND MY CHILD OF INJURY, DEATH AND PROPERTY DAMAGE ARISING FROM PARTICIPATION IN THE ACTIVITIES AND THE USE OF FACILITIES AND PROPERTY OF IDA LEWIS YACHT CLUB, SPECIFICALLY INCLUDING ANY INJURY OR DAMAGE CAUSED BY THE NEGLIGENCE OF ANY OF THE RELEASEES.** (Please initial to indicate that you have read this paragraph_____).

3. **INDEMNITY AGREEMENT:** I agree to indemnify and hold releasees harmless from any loss, liability, damage or cost including reasonable attorney's fees they may sustain or incur due or relating to my child's participation in the activities and use of the property and facilities of Ida Lewis Yacht Club, specifically including any such loss, liability, damage or cost resulting from the negligence or other action, of the Releasees. . (Please initial to indicate that you have read this paragraph_____).

NOTICE: Rhode Island Law provides that certain persons who assist in organizing or conducting youth sport programs under the auspices of a non-profit corporation, such as the Ida Lewis Yacht Club, are immune from civil liability (RI General Laws 9-1-48).

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THE AGREEMENT INCLUDES WAIVER OF LIABILITY, AN ASSUMPTION OF RISK AND AN AGREEMENT BY ME TO INDEMNIFY THE RELEASEES, AND I SIGN IT OF MY OWN FREE WILL.

Parent's Signature

Date

Witness

**IDA LEWIS YACHT CLUB JUNIOR SAILING PROGRAM
MEDICAL HISTORY & RELEASE**

****Please send in one copy for each participating child in the family****

Child's Name _____

Mother _____ Father _____

Phone: Home _____ Home _____

Work _____ Work _____

Cell _____ Cell _____

Address _____

Summer Address (if different) _____

Emergency Contact: Name _____ Relation _____

Phone: Home _____ Work _____ Cell _____

My child is healthy and may participate in all activities related to the Junior Sailing Program.

Parent/Guardian Signature _____

Child's Physician _____

Physician's Phone Number _____

Medications _____

Allergies _____

Other medical conditions or concerns: (recent surgery, asthma or other breathing problems, hemophilia or other bleeding problems, seizures, diabetes, etc.) _____

Is there anything we should know that can make this a fun and happy summer for your child?

Medical Insurance Information: Parent/Guardian's Insurance Coverage:

Policy Holder _____ Carrier _____

Policy # _____ Group # _____

As the parent/guardian of the above named student, I hereby acknowledge that the risk of injury, including serious debilitating injury, is involved in athletic participation. I recognize that Ida Lewis Yacht Club and the Junior Sailing Program and their representatives make efforts to reduce these risks, but further recognize that their efforts cannot and will not eliminate all such risks. I am aware of the risks involved, and give my consent for the above named student to participate in all activities associated with Ida Lewis Yacht Club and the Junior Sailing Program.

I am aware that Ida Lewis Yacht Club and the Junior Sailing Program does not carry medical insurance for students and that medical insurance coverage will be provided by parent/guardian. Evidence of such coverage is provided above.

I further release and hold harmless Ida Lewis Yacht Club, the Junior Sailing Program, its Officers, Directors and employees, from any and all liability arising from the above-named student's participation in the Ida Lewis Yacht Club, the Junior Sailing Program and all related activities.

PARENT/ GUARDIAN EMERGENCY TREATMENT AUTHORIZATION

I hereby grant permission to any appropriately qualified health care professional to give any and all medically appropriate emergency care to my son/daughter/ward, including but not limited to anesthesia and surgery.

Signature: _____ Date: _____

