



AUGUST 15, 2008

SAILING INSTRUCTIONS

1 RULES

- 1.1 The race will be governed by the rules as defined in the *Racing Rules of Sailing*.
- 1.2 For IRC boats, the 2008 IRC Rule parts 1, 2 and 3 shall apply.
For PHRF boats, the PHRF Narragansett Bay rules shall apply.
- 1.3 For all boats, the 2008-2009 ISAF Offshore Special Regulations for Category 3, including US SAILING Prescriptions, shall apply.

2 ENTRIES

Eligible boats may enter by completing registration at Ida Lewis Yacht Club on Thursday, August 14, 2008, from 1700–1800 hours.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board at the Ida Lewis Yacht Club.

4 CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be posted before 1100 hours on the day of the race.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be flown from the yardarm of the flagpole at Ida Lewis Yacht Club.
- 5.2 In the event the race is postponed, the warning signal will be made not less than one (1) hour after flag “AP” is lowered. This modifies RRS Race Signals.
- 5.3 Announcements concerning postponements, etc., will be broadcast on VHF Channel 72.

6 CLASSES AND CLASS FLAGS

- 6.1 Boats will be divided into classes. Each boat shall race in the class to which it is assigned on the scratch sheet.
- 6.2 While racing, each boat shall display the numeral pennant for her respective class from her backstay no less than six (6) feet above the deck.

7 CHECK IN AND RETIREMENT

- 7.1 Prior to the first warning signal, all boats shall check in with the Race Committee by passing astern of the Committee Boat on starboard tack and hailing their sail numbers.
- 7.2 Boats retiring shall inform the Race Committee by phoning **(401) 846-1969 ext. 4** as soon as possible.

8 COURSES

8.1 Course A - Montauk Twice Course

Start – East Passage Narragansett Bay, south of Rose Island
 Ida Lewis Distance Race Sailing Instructions

R“2” QR Whistle, Brenton Reef	to port
RW“SR”MoA Whistle, south of Sachuest Point	to starboard
RW“MP” MoA WHIS, Montauk Point	to port
R“2” FI R 4 sec WHIS, No Man’s Land	to port
Buzzards Bay Tower FI 2.5 sec Horn	to port
RW“MP” MoA WHIS, Montauk Point	to starboard

Finish – Off Ida Lewis Yacht Club
 Distance 1 77nm

8.1 Course B – Block Island Course

Start – East Passage Narragansett Bay, south of Rose Island

R“2” QR Whistle, Brenton Reef	to port
RW“SR”MoA Whistle, south of Sachuest Point	to starboard
RW“MP” MoA WHIS, Montauk Point	to port
R“2” FI R 4 sec WHIS, No Man’s Land	to port
"Buzzards Bay Tower" FI 2.5 sec Horn	to port
RW“A” MoA WHIS, SE of Block Island	to starboard

Finish – Off Ida Lewis Yacht Club
 Distance 150 nm

9 THE START

- 9.1 Friday, August 15:

Warning Signal, Class 1	1500 hours
Warning Signal Class 2	1506 hours (approximate)
Warning Signal Class 3	1512 hours (approximate)
- 9.2 Races will be started in accordance with RRS 26 with approximately a one-minute interval between starting sequences.
- 9.3 The starting line will be between a staff flying an orange flag on the Race Committee Signal Boat anchored south of Rose Island in the East Passage of Narragansett Bay and the nearby race mark.
- 9.4 Boats shall keep clear of the starting area unless starting.
- 9.5 Any boat not starting within **15** minutes of her starting signal shall be scored DNS. This modifies RRS A4.2.
- 9.6 The Race Committee may hail boats starting prematurely on VHF Ch 72, but failure to do so is not grounds for redress. This amends RRS 29.1 and 41.

- 9.7 A boat that starts prematurely and does not return shall have one (1) hour added to her elapsed time.

10 THE FINISH

- 10.1 The finish shall be a line between G“3” Fl G 2.5 sec Bell off Goat Island and a staff flying a Race Committee flag at the north end of the deck at Ida Lewis Yacht Club. A yellow inflatable buoy will be placed at approximately 41 ° 28.81 'N, 071 ° 19.61 'W. This buoy has no required side, but is intended to give a rough approximation of the angle of the finish line. The Race Committee flag will be illuminated at night.
- 10.2 Boats shall call the Race Committee on VHF Ch 72 when they are abeam of Castle Hill Light. At night, boats shall illuminate their sail numbers when approaching the finish line.
- 10.3 Boats shall take their own time and report this to Race Committee at Ida Lewis Yacht Club within **THREE** (3) hours of finishing and sign a declaration that they have sailed the race in accordance with the Rules.

11 PENALTY SYSTEM

- 11.1 RRS 44.3, Scoring Penalty, shall apply.
- 11.2 2008-2009 Offshore Special Regulations Non-Compliance Penalty: The penalty for non-compliance with US SAILING Prescription 5.01 .2 to the ISAF Special Regulations shall be two places added to a boat's finish place on corrected time in addition to any other penalties imposed. This modifies RRS A4.1 and 63.1.

12 TIME LIMIT

The time limit for all boats is 1200 hours on Sunday, August 17, 2008.

13 RENDERING ASSISTANCE

At the discretion of the Race Committee, an elapsed time credit will be given to a boat rendering assistance to, or standing by, a vessel in distress. To receive such credit, within three (3) hours of finishing the skipper of the boat rendering assistance must submit a written statement to the Race Committee detailing the time spent and extra distance traveled, if any.

14 PROTESTS

- 14.1 Boats intending to file a protest shall so inform the Race Committee immediately after finishing by radioing the Race Committee on VHF Ch 72 or calling the race office at (401) 846-1969, ext. 4 until acknowledged
- 14.2 Protests must be submitted in writing to the Race Committee at Ida Lewis Yacht Club within **THREE** (3) hours of finishing.
- 14.3 The Protest Committee anticipates that it will start hearing any protests at 1200 on Sunday, August 17, 2008.

15 SCORING

- 15.1 IRC: Time allowances for IRC boats will be calculated using the boat's TCC on a Time-on-Time (TOT) basis.

- 15.2 PHRF: Time allowances for PHRF boats will be in seconds per mile as provided by PHRF-Narragansett Bay.

16 RADIO COMMUNICATION

- 16.1 Except in an emergency, a boat shall neither make nor receive any electronic communications not available to all competitors while racing, except as noted below.
- 16.2 Boats are requested to report via telephone both their positions (latitude and longitude) and on which leg of the course they are sailing to the Race Committee at 0000, 0600, 1200 and 1800 hours daily until they have finished racing. The phone number is **(401) 846-1969 ext 4**. Information may be left on the race answering machine.

17 GOVERNMENT BUOYS

Government buoys, when not specified as part of the course, have no required side except for safe navigation.

18 PRIZES

Prizes will be awarded on Sunday, August 17, at 1700 hours at Ida Lewis Yacht Club.

19 NOTES

- 19.1 In the event that life-saving equipment is lost overboard, it should be recovered. If recovery is impossible, any equipment that floats shall be reported immediately to the Race Committee and the nearest U.S. Coast Guard station on VHF Ch 16.
- 19.2.1 Competitors are reminded of their responsibility to comply with the U.S. Coast Guard Pollution Regulations.
- 19.3 Skippers are reminded that there is shallow water on the northwest shore of Fort Adams.
- 19.3.1 In an emergency, if there is no one on duty at (401) 846-1969 ext. 4, competitors are requested to call (214) 244-4955.