



SAILING INSTRUCTIONS

AUGUST 21, 2009

1. **RULES:** The Racing Rules of Sailing 2009-2012 will apply.
- 1.1 **For IRC boats** - IRC Rules Parts 1, 2 and 3 shall apply. Furthermore, accordance with IRC Rule 26.6.2.2 a boat may carry one more spinnaker than shown on her current IRC certificate of area not greater than rated SPA without an increase in rating.
- 1.2 **For PHRF divisions** - the current PHRF Regulations of the Narragansett Bay PHRF Association.
- 1.3 **FOR ALL BOATS**, the Minimum Equipment Recommendations for category 3 of the International Sailing Federation Special Regulations Governing Offshore and Oceanic Racing. "Category 3", including US SAILING Prescriptions shall apply.
- 2 **ENTRIES**
Eligible boats may enter by completing registration at Ida Lewis Yacht Club on Thursday, August 20, 2009, from 1700–1800 hours.
- 3 **NOTICES TO COMPETITORS**
Notices to competitors will be posted on the Official Notice Board at the Ida Lewis Yacht Club.
- 4 **CHANGES TO THE SAILING INSTRUCTIONS**
Any changes to the Sailing Instructions will be posted before 1100 hours on the day of the race.
- 5 **SIGNALS MADE ASHORE**
- 5.1 Signals made ashore will be flown from the yardarm of the flagpole at Ida Lewis Yacht Club.
- 5.2 In the event the race is postponed, the warning signal will be made not less than one (1) hour after flag "AP" is lowered. This modifies RRS Race Signals.

5.3 Announcements concerning postponements, etc., will be broadcast on VHF Channel 72.

6 CLASSES AND CLASS FLAGS

6.1 Boats will be divided into classes. Each boat shall race in the class to which it is assigned on the scratch sheet.

6.2 While racing, each boat shall display the numeral pennant for her respective class from her backstay no less than six (6) feet above the deck.

7 CHECK IN AND RETIREMENT

7.1 Prior to the first warning signal, all boats shall check in with the Race Committee by passing astern of the Committee Boat on starboard tack and hailing their sail numbers.

7.2 Boats retiring shall inform the Race Committee by phoning **(401) 846-1969 ext. 4** as soon as possible.

8 COURSES

8.1 Course A - Montauk Course

Start – East Passage Narragansett Bay, south of Rose Island

R“2” QR Whistle, Brenton Reef to port

RW“SR” MoA Whistle, south of Sachuest Point to starboard

RW“MP” MoA WHIS, Montauk Point to port

R“2” FI R 4 sec WHIS, No Man’s Land to port

Buzzards Bay Tower FI 2.5 sec Horn to port

RW“MP” MoA WHIS, Montauk Point to starboard

Finish – Off Ida Lewis Yacht Club

Distance 177nm

8.2 Course B – Block Island Course

Start – East Passage Narragansett Bay, south of Rose Island

R“2” QR Whistle, Brenton Reef to port

RW“SR” MoA Whistle, south of Sachuest Point to starboard

RW“MP” MoA WHIS, Montauk Point to port

R“2” FI R 4 sec WHIS, No Man’s Land to port

"Buzzards Bay Tower" FI 2.5 sec Horn to port

RW“A” MoA WHIS, SE of Block Island to starboard

Finish – Off Ida Lewis Yacht Club

Distance 150 nm

9 THE START

9.1 Friday, August 21:

Warning Signal, Class 1 1500 hours

Warning Signal Class 2 1506 hours (approximate)

Warning Signal Class 3 1512 hours (approximate)

Warning Signal Class 4 1518 hours (approximate)

- 9.2 Races will be started in accordance with RRS 26 with approximately a one-minute interval between starting sequences.
- 9.3 The starting line will be between a staff flying an orange flag on the Race Committee Signal Boat anchored south of Rose Island in the East Passage of Narragansett Bay and the nearby race mark.
- 9.4 Boats shall keep clear of the starting area unless starting.
- 9.5 Any boat not starting within **15** minutes of her starting signal shall be scored DNS. This modifies RRS A4.2.
- 9.6 The Race Committee may hail boats starting prematurely on VHF Ch 72, but failure to do so is not grounds for redress. This amends RRS 29.1 and 41.
- 9.7 A boat that starts prematurely and does not return shall have one (1) hour added to her elapsed time.

10 THE FINISH

- 10.1 The finish shall be a line between G“3” Fl G 2.5 sec Bell off Goat Island and a staff flying a Race Committee flag at the north end of the deck at Ida Lewis Yacht Club. A yellow inflatable buoy will be placed at approximately 41 ° 28.81 'N, 071 ° 19.61 'W. This buoy shall be left to starboard when finishing, but is intended to give a rough approximation of the angle of the finish line. The Race Committee flag will be illuminated at night.
- 10.2 Boats shall call the Race Committee on VHF Ch 72 when they are abeam of Castle Hill Light. At night, boats shall illuminate their sail numbers when approaching the finish line.
- 10.3 Boats shall take their own time and report this to Race Committee at Ida Lewis Yacht Club within **THREE** (3) hours of finishing and sign a declaration that they have sailed the race in accordance with the Rules.

11 PENALTY SYSTEM

- 11.1 RRS 44.3, Scoring Penalty, shall apply.
- 11.2 2008-2009 Offshore Special Regulations Non-Compliance Penalty: The penalty for non-compliance with US SAILING Prescription 5.01 .2 to the ISAF Special Regulations shall be two places added to a boat's finish place on corrected time in addition to any other penalties imposed. This modifies RRS A4.1 and 63.1.

12 TIME LIMIT

The time limit for all boats is 1200 hours on Sunday, August 23, 2009.

13 RENDERING ASSISTANCE

At the discretion of the Race Committee, an elapsed time credit will be given to a boat rendering assistance to, or standing by, a vessel in distress. To receive such credit, within three (3) hours of finishing the skipper of the boat rendering assistance must submit a written statement to the Race Committee detailing the time spent and extra distance traveled, if any.

14 PROTESTS

- 14.1 Boats intending to file a protest shall so inform the Race Committee immediately after finishing by radioing the Race Committee on VHF Ch 72 or calling the race office at (401) 846-1969, ext. 4 until acknowledged
- 14.2 Protests must be submitted in writing to the Race Committee at Ida Lewis Yacht Club within **THREE** (3) hours of finishing.
- 14.3 The Protest Committee anticipates that it will start hearing any protests at 1200 on Sunday, August 23, 2009.
- 14.4 The Jury may apply a penalty other than disqualification for breaking a Rule other than one of Part 2 of the Racing Rules.

15 SCORING

- 15.1 IRC: Time allowances for IRC boats will be calculated using the boat's TCC on a Time-on-Time (TOT) basis.
- 15.2 PHRF: Time allowances for PHRF boats will be in seconds per mile as provided by PHRF-Narragansett Bay.

16 RADIO COMMUNICATION

- 16.1 Except in an emergency or as requested in 16.2 below, a boat shall neither make nor receive any electronic communications (including cell phones) not available to all competitors while racing.
- 16.2 Boats are requested to report the boat name, sail number, time of the rounding and weather and sea state conditions via telephone:
 - A. After rounding Buzzards Bay Tower,
 - B. After rounding the last mark (either (Either RW MP at Montauk or RW "A" SE of Block Island depending on the course sailed)
- 16.3 The phone number is **(401) 846-1969 ext 4**. Information may be left on the race answering machine.

17 GOVERNMENT BUOYS

Government buoys, when not specified as part of the course, have no required side except for safe navigation.

18 PRIZES

- 18.1 Prizes will be awarded on Sunday, August 23, at 1700 hours at Ida Lewis Yacht Club.
- 18.2 The following prizes will be awarded:
 - A. *The Russell L. Hoyt Memorial Trophy* for the IRC Division Best Elapsed Time
 - B. *The Lois J. Mussel Memorial Trophy* for the PHRF Division Best Elapsed Time
 - C. *The Commodore's Trophy* for the IRC Division Corrected First Place plus Trophies for 2nd and 3rd Place
 - D. *The Lime Rock Trophy* for the PHRF Division Corrected First Place plus Trophies for 2nd and 3rd Place
 - E. Double-Handed Division - 1st, 2nd and 3rd Place
 - F. Cruising Spinnaker Division – 1st, 2nd and 3rd Place

19 NOTES

- 19.1 In the event that life-saving equipment is lost overboard, it should be recovered. If recovery is impossible, any equipment that floats shall be reported immediately to the Race Committee and the nearest U.S. Coast Guard station on VHF Ch 16.
- 19.2 Competitors are reminded of their responsibility to comply with the U.S. Coast Guard Pollution Regulations.
- 19.3 Narragansett Bay is a restricted channel and sailing vessels do not have right-of-way over a vessel under power which may be restricted in her ability to maneuver.
- 19.4 Skippers are reminded that there is shallow water on the northwest shore of Fort Adams.
- 19.5 In an emergency, if there is no one on duty at (401) 846-1969 ext. 4, competitors are requested to call (214) 244-4955.

Jerry Baum, Ida Lewis Yacht Club Commodore

Sharon Pavignano, Ida Lewis Yacht Club Race Committee Chair

Peter Gerard, Principal Race Officer

Dirk Johnson, Ida Lewis Distance Race Chairman

Commodore Robert Conner, Chief Judge