

## 2016 IDA LEWIS DISTANCE RACE: NEWS

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### The Perfect Mini Distance Race

NEWPORT, R.I. (June 13, 2016) – Many sailors dream of competing in offshore distance races, but the preparation, logistics and pure stamina required for it can be intimidating. That’s where the [Ida Lewis Distance Race](#), scheduled for its 12<sup>th</sup> edition on August 19, can serve as either a stepping stone for those wanting to graduate to longer offshore races or a portfolio enhancer for those simply wanting to experience – for the first time or once again – the beautiful overnight “sprint” that has become a popular late-summer racing tradition in New England.



The start of the Ida Lewis Distance Race in 2015. (Photo credit: Meghan Sepe)

“For sailors who have hesitated to take on the 635 nautical mile Newport Bermuda Race (run in even years) or the roughly 470 nautical mile Annapolis to Newport Race (run in odd years), the Ida Lewis Distance Race is the way to, theoretically speaking, get your feet wet,” said Race Chair Skip Helme, who has competed in the race three times. “Depending on which of the coastal courses the Race Committee chooses (based on weather forecasts and sea conditions), you sail either 104 or 177 nautical miles, so even if you aren’t thinking about longer races down the road, it’s a relatively quick, really fun, and absolutely beautiful race to tackle.”

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Historic Ida Lewis Yacht Club in Newport, R.I. hosts the Ida Lewis Distance Race each August.  
(Photo Credit: Meghan Sepe)

The Ida Lewis Distance Race starts and finishes off historic Ida Lewis Yacht Club, which sits on Lime Rock in Newport Harbor, and also takes competitors past Castle Hill Light (where the start of the Newport Bermuda Race takes place) and Beavertail Light (the third oldest light station in the U.S.) in the East Passage of Narragansett Bay. Block Island, Montauk Point, Martha's Vineyard and Buzzards Tower are other way points of the two different courses, which means competitors can add to their tally of lighthouses Point Judith Light, Watch Hill Light, Block Island Light, Cuttyhunk Light, Gay Head Light and Montauk Lighthouse.

“Visual gratification aside, there is a congenial mix of grand prix racers and cruising sailors peppered with young sailors who are vying for special Youth and Collegiate Challenge trophies,” said Helme. “Experienced racers are able to share their knowledge with sailors new to distance racing while also exposing young sailors, who typically spend most of their time in dinghies, to the challenges inherent to distance racing.”

Ida Lewis Yacht Club will host the skipper's meeting and social on Thursday, August 18. The first Warning Signal for the start on Friday, August 19 is at 1230. A Sunset Awards Party at the club will celebrate the conclusion of racing on Saturday, August 20.

The Ida Lewis Distance Race is a qualifier for the Rhode Island Offshore Challenge, New England Lighthouse Series (PHRF); and Northern and Double-Handed Ocean Racing Trophies (IRC).

### **Race for All Ages**

The Ida Lewis Yacht Club Youth and Collegiate Challenges invite the next generation of sailors to try distance racing on for size. To qualify for the Youth Challenge, more than 40% of the crew must have reached their 14th birthday but not turn 20 prior to August 15, 2016. For the Collegiate Challenge, more than 40% of the crew must not have reached the age of 26 by August 15, 2016.

### **Sponsors**

Sponsors for the 2016 Ida Lewis Distance Race include Bluewater Technologies, City of Newport, Helly

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Hansen, New England Boatworks, Newport Shipyard, and Triton Insurance; Contributing Sponsors are DYT Yacht Transport, Flint Audio & Video, Goslings Rum, Mac Designs, North Sails, Rig Pro Southern Spars, Stella Artois, Toni Mills Graphic Design, and Z Blok.

For more information on the Ida Lewis Distance Race, visit <http://www.ildistancerace.org> or contact Skip Helme, [racechairman@ildistancerace.org](mailto:racechairman@ildistancerace.org), 401-641-2109. Registering is quick and easy at [yachtscoring.com](http://yachtscoring.com). Follow us on [Facebook](#), [Twitter](#), [Instagram](#) and [YouTube](#).

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### For Details regarding sponsorship levels please contact:

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