

# **Ida Lewis Yacht Club Junior Program**

## **Parent Handbook**



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**2019 Season**

# Ida Lewis Yacht Club Parent Handbook

<u><i>Table of Contents:</i></u>	<u><i>Page #</i></u>
Letter of welcome	3
Mission statement	4
Staff	4
Contact information	4
Arrival/Dismissal	4
Daily Schedule	5
Lunch	5
Supply list	6
Swim check	6
Important Dates	6
In case of emergency	7
Inclement weather	7
Code of conduct	7
Discipline	7-8
Photos	8
Facebook	8
Dock	8
Volunteer	8
Other	8

Dear Parents and Guardians,

It is my great pleasure to welcome you to Ida Lewis Yacht Club's Junior Program for the 2019 summer season. I am delighted to be returning to ILYC for my 3rd summer. For the past two years, I have been the Kites and Wires coach, but this summer I am excited to return as the new program director! I couldn't completely let the sailing instructor side of me go, so I will be coaching the 420's as well. I know that I have big shoes to fill, as Kelsey did an amazing job running the program for the past 4 years, but the staff and I are extremely eager for the season to begin! We can not wait to meet all of the new sailors and to welcome back the returning ones.

I am a level 2 US Sailing Coach and have been instructing sailing since 2013. I have coached at all levels from beginner to racing teams, and have instructed at a few yacht club programs throughout New England. I began working as an instructor for Ida Lewis Yacht Club in 2017. I look forward to meeting you and your sailors this summer. If you have the time please come and introduce yourself to me as I enjoy getting to know the both the sailors and their families!

We have a wonderful group of instructors and coaches working with us this summer who will be responsible for teaching your children both the fundamentals and intricacies of recreational and competitive sailing. Our goal for this summer is to provide your children with a safe and fun environment in which to learn to sail. The information within this parent manual will help us to achieve this goal. *Please read thoroughly and contact us with any questions.*

Regards,

Chase Glazard  
Ida Lewis Yacht Club  
Program Director



## MISSION STATEMENT:

The Ida Lewis Yacht Club Junior Sailing Program emphasizes sportsmanship and teamwork. Our program is fun for both the novice and the returning veteran who may wish to hone advanced skills. Our goals are to teach the joys of sailing, and for those who wish to race, the thrill of competition. Our activities will promote the sport in all weather conditions, with boat handling and seamanship skills a part of each class. The program emphasizes fairness, equal opportunity, good sportsmanship and teamwork in a fun and safe environment.

## STAFF:

**Program Director:** Chase Glazzard

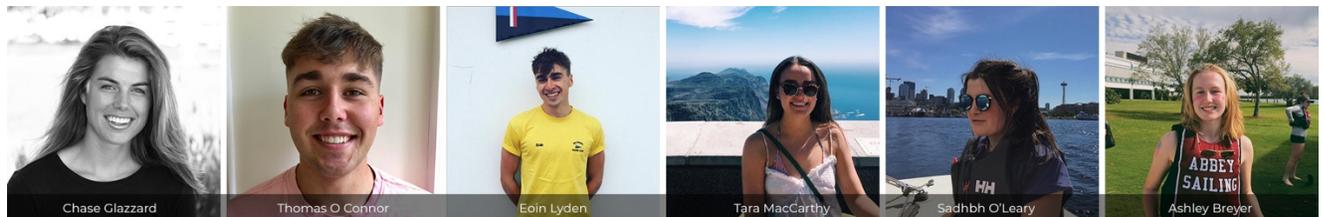
**Kites and Wires Instructor:** Chase Glazzard and Thomas O'Connor

**Day Sailing Instructor:** Eoin Lyden

**Intermediate Opti Instructor:** Sadhbh O'Leary

**Beginner Opti Instructor:** Tara MacCarthy

**Junior Instructors:** Ashley Breyer



## CONTACT INFORMATION:

**Program Director:** Chase Glazzard

**Email:** [idadjrsailing@gmail.com](mailto:idadjrsailing@gmail.com)

**Cell phone:** (401)575-3803

**Club phone:** (401) 846-1969

**Mailing Address:** P.O Box 479 Newport RI 02840

## ARRIVAL/DISMISSAL:

**Arrival:** Please see schedule below. Students should arrive not more than 5 minutes before their scheduled time as there will be no supervision. Students are to immediately check in with their instructors.

**Dismissal:** Students will only be released to their parents or other individuals listed on their registration form. A sign out signature will be required for signing out any child in the Commodores, Beginner Opti, or Intermediate Opti. Students in Day Sailing or 420 may sign themselves out.

**Note:** If your sailor is going late for either pick up or drop off please notify the Program Director. Please also indicate if anyone other than immediate family is going to be picking up your sailor.

# DAILY SCHEDULE:

Session 1: June 17th through July 12th  
 Session 2: July 15th through August 9th

Monday	Tuesday	Wednesday	Thursday	Friday
Opti Beginners* 9:00 am-12:00 pm		Opti Beginners 9:00 am-3:00 pm		Opti Beginners 9:00 am-3:00 pm
Opti Intermediate* 1:00 pm - 4:00 pm	Opti Intermediate 9:00 am - 3:00 pm		Opti Intermediate 9:00 am - 3:00 pm	
	GREEN Fleet* 9:00 am - 3:00 pm	GREEN Fleet 9:00 am - 3:00 pm	GREEN Fleet 9:00 am - 3:00 pm	
Day Sailing M/F* 9:00 am - 3:00 pm	Day Sailing T/Th* 9:00 am - 3:00 pm	Day Sailing* 9:00 am - 3:00 pm (Optional)	Day Sailing T/Th 9:00 am - 3:00 pm	Day Sailing M/F 9:00 am - 3:00 pm
	T/Th Kites & Wires* 9:00 am - 3:00 pm	W/F Kites & Wires* 9:00 am - 3:00 pm	T/Th Kites & Wires 9:00 am - 3:00 pm	W/F Kites & Wires 9:00 am - 3:00 pm
Commodores In Training (CIT) 4:30 pm - 6:30 pm		Commodores In Training (CIT) 4:30 pm - 6:30 pm Add-on day, in addition to Monday (Thurs is full)	Commodores In Training (CIT) 4:30 pm - 6:30 pm	
Big Boat Sailing (M/W) 4:30 pm - 7:30 pm		Big Boat Sailing (M/W) 4:30 pm - 7:30 pm		

## LUNCH:

Each student must bring their own lunch (except intermediates and beginners on Monday who may bring a snack). Please keep in mind that students will not have access to refrigerator or microwave. A small snack is also suggested. Please try to avoid snacks/lunches with nuts if possible. We also strongly encourage the use of reusable containers in an effort to reduce our impact on the bay as plastic bags often end up in the water.

# SUPPLY LIST:

*(Bold indicates equipment that is required for participation)*

- **Coast guard approved life jacket (no floatation aids)**
- **Swimsuit**
- **Close-toed shoes (old sneakers work great!)**
- **Refillable water bottle (one will be provided to each sailor)**
- Whistle attached to lifejacket
- Sunscreen
- Sunglasses
- Hat
- Towel
- Change of clothes
- Gear bag
- Sailing gloves
- Rain jacket

# SWIM CHECK:

All students will complete a swim “check” at the beginning of the session (first session if they are enrolled for more than one). Commodores and Beginner Optimists must float comfortably with their jacket for 3 minutes and swim a distance of 50 yards. Intermediate Opti, Day Sailing, and Kites and Wires must tread water *without* a lifejacket for 3 minutes, put their life jacket on in the water, and swim a distance of 50 yards. This swim check allows us to see who is comfortable in the water and who we need to pay extra attention to.

# IMPORTANT DATES:

**Parent Orientation:** June 11th

**Session 1 Begins:** June 17th

**Bingo 1:** June 27th

**Session 1 Grill Night:** July 9th

**Session 2 Begins:** July 15th

**Bingo 2:** July 18th

**Jr. Fundraiser:** August 1st

**Session 2 Grill Night:** July 30th

**Awards Night:** August 11th

## IN CASE OF EMERGENCY:

In the unlikely event that your child has a medical emergency, immediate action will be taken to ensure their safety. The student will be assessed and either treated onsite or taken to the nearest medical facility. You will be contacted using the emergency contact information you provided during registration. An incident form will be completed.

## INCLEMENT WEATHER:

Unfortunately weather conditions do not always allow for on the water lessons. However, lessons will be held rain or shine. A judgment call will be made by the instructors and program director using local weather reports, and radars. On the occasion that the weather is not conducive for sailing (too windy, thunderstorms, etc.) on land/indoor activities will be held. Children may call home for early pick up, however, supervision will be provided until the end of their regular lesson.

## CODE OF CONDUCT:

Ida Lewis Yacht Club strives to provide a fun and safe environment in which to educate the next generation about the skills and joys of sailing. In order to do so it is of the utmost importance that we maintain a physically and emotionally safe educational environment. In order to do so the students must conduct themselves accordingly:

*Students will....*

- Will respect their instructors, adults, members, and fellow sailors.
- Will, at all times, listen to the directions given to them by an instructor or adult.
- Will treat ILYC equipment as though it were their own.
- Will display good sportsmanship at all times.
- Will not act in a way that endangers themselves or others. Safety first.
- Will conduct themselves in a manner that reflects positively on both themselves and ILYC

## DISCIPLINE:

Students are expected to conduct themselves appropriately during their lessons and during any and all time that they are on Ida Lewis Yacht Club Property. All behavioral incidents will be logged.

**1st offense:** Instructor will discuss the incident with the student and give them a verbal warning. Parents will be notified of the incident.

**2nd offense:** Instructor will refer the student to the Program Director. The student will remain on land for the remainder of the day. The student's parents will be called in for a conference to discuss both offenses and discuss how best to avoid future problems.

**3rd offense:** The situation will be reviewed carefully with the Program Director, the board and the student's parents and may result in dismissal from ILYC Program. Students who are dismissed from the program will not be reimbursed.

**Note:** The program reserves the right to dismiss any child for serious infractions, including but not limited to, violence, threats of violence, and destructive or illegal behaviors.

## Photos:

Photos taken during sailing sessions, and organization functions may be included for your viewing pleasure in both emails from ILYC staff and our Facebook page. If you do not consent to the use of your child's image, please notify the club by email or by writing.

## Facebook:

Follow us on Facebook for class recaps, volunteer opportunities, photos, upcoming events and staff bios. <https://www.facebook.com/ILYCJuniorProgram/>

## The Dock:

Sailors may not be on the dock floats without a lifejacket, closed toed shoes, and adults/staff supervision. Students are not allowed to be on club motorboats without express permission from the staff. Please also be respectful of private owned boats that are stored on the docks.

## Family Sailing:

During each session the club will host a Family Grill Night. During this time sailors may come down to the club and sail with the families or show their families what they have learned. On the water supervision will be provided for 2 hours. Use of boats must be approved by ILYC Jr Sailing Staff.

## Volunteer:

There are lots of opportunities to get involved throughout the summer. Please email if interested.

## Other:

Ida Lewis Yacht Club is located in one of the most picturesque locations imaginable. In order to maintain our lovely facilities we ask that sailors be mindful of the ILYC space and do not leave your belongings or club equipment lying around, pick up trash and ***please bring your reusable/refillable water bottle!***