



Ida Lewis Yacht Club
M 32 Catamarans

M32
SERIES

Thursday Nights Sailing Instructions 2017

1. Rules

The regatta will be governed by the rules as defined in

- **The Racing Rules of Sailing** and the
- **South Bay Racing Chart**

1.a M32 Class Rules

Thurs night ILYC racing will be sailed under M32 class rules found at:

m32series.com/officialnoticeboard

2. Entries

M32's

3. Notices to Competitors

M32 Fleet contact - Stan Schreyer – stan.schreyer@verizon.net - 617-877-6279

M32 Rep & sailor - Dave Doucett – Dave.doucett@astonharald.com, 413-364-0067

ILYC RC team operations contact - Tricia O'Connell - poconnell9@cox.net

ILYC RC Chair and mgt contact Bill O'Hanley – racecommittee@ilyc.org 401-862-3840

4. Signals Made Ashore

Emails / tel calls by 2 PM Thursday race days - for Confirmation and Cancellation.

Calls made by Fleet contact to Fleet reps and ILYC Race Committee

5. Schedule

Thursday Afternoons. Warning gun - 5:30 PM

Multiple races planned for each evening. Each Race 12-15 minutes. Tbd: time & weather

6. Racing Area

First Choice - Potters Cove north of Newport Bridge

Second Choice – Mackerel Cove Jamestown

7. Courses and Marks

Races designed to be 13 minutes in length.

AC course: 6 legs

Reach start – 600 yards

leeward 0.5 miles

windward 1.0 miles

leeward 1.0 miles

windward 0.5 miles

reach to finish 600yds

Marks: Yellow or Orange Tetrahedrons.

Longer Courses up the bay TBD on race day

8. Starting and Finishing Lines

Signal boat and Tetrahedron

9. Start Signal Sequence

- VHF Channel: 79 – check & confirm each week.

- Check-ins – by VHF for each boat “Are you ready to race?”

- All Start Signals announced over the VHF including the horn over VHF

Start sequence - 3 or more boats : 4 min, 1 min, Gun

Start sequence - 2 boats: 3 min, 1 min, Gun

10. Race Committee - Announcements at gun

- A. OCS - Over early boats announced by name over VHF.

- B. Delayed Start Boat - announce by name

(Delayed start boat: a boat 10+ sec behind start / fleet est. penalty boats don't have to wait for.

10.A OCS Penalty:

Immediately slow until clear astern of proper starters. Then resume racing. (NO return to line.)

11. Touching Marks

Boats are allowed to touch turning marks.

12. Personal Flotation Devices

Required

13. Outside help

M32 Fleet Contact will organize safety boat, not RC domain

14. Sail Restrictions

All boats required to use M32 2015 and 2016 Class 1 Design sails.

15. Sailing Penalties

Boats may take penalties by doing either two (2) tacks, or two (2) jibes before the finish.

16. Protests

ILYC shall provide a protest committee if requested.

17. Scoring: Each boat will be scored in order of finish

18. Disclaimer

DISCLAIMER OF LIABILITY Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

19. Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000.00 per event or the equivalent if expressed in other currency. Proof of insurance shall be provided upon request.

Race Day Procedures

ILYC Race Committee Boats

Signal Boat - Lime Rock
Mark Boat – Jrs small RIB

Gear to Load onto Lime Rock

6 marks and gear

M32 Fleet to provide special marks

Course setting Procedures

1. Establish VHF channel for evening, VHF check in with each competitor as leaving dock.
2. Set Reaching mark in middle of W/L 1 mile leg: (½ mile clear to windward and to leeward.)
3. Set Leeward mark ½ mile leeward of reaching mark
4. Set Windward mark ½ mile to windward of reaching mark.
5. Set Starting pin
 - for starboard tack start for a port rounding of reaching mark.
 - place 600 yards distance from Reaching mark
 - The angle
 - Light air 0-6 knots – 90 deg. to wind
 - Medium 6-12 kts – 70-60 degrees
 - Heavy 15-20+ - 40-20 degrees to wind
 - The goal of first and last leg is a leg for boats to go 20 seconds at 25 Knots)
6. Set Signal boat - upwind and slightly further away from reaching mark than PIN.
 - **The length of the start line - 150 feet per boat entered.**
 - **Make Pin favored!** (Keep competitors away from signal boat with people on it!)
7. Confirm with competitors by VHF that each boat is ready to race
8. Announce a countdown warning on VHF for the Warning Start VHF start sequence
9. Announce the WARNING countdown and sound HORN on VHF
10. At Start HORN Announce ALL CLEAR or OCS names.

Between races: 5-10 minutes. Re-contact /confirm with competitors by VHF ready for next race

